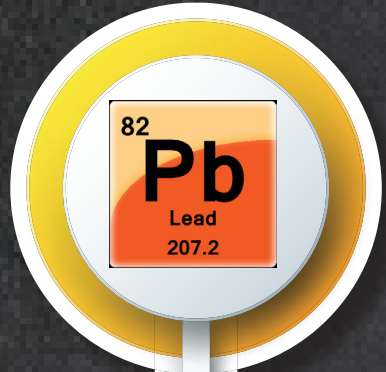


# Lead poisoning is preventable!

## Get the facts to keep your child safe.



### What is lead poisoning?

Lead poisoning is the gradual absorption and buildup of lead levels in the body. It is caused by swallowing or inhaling lead. Even the small amounts can be harmful in children and adults.



### The dangers of lead poisoning:

High levels of lead in the blood can greatly effect brain development. In children, low lead levels can severely impact mental and physical development. At high levels, lead poisoning can be fatal.



### Who is at risk:

Babies and children under age 6 are most at risk for lead poisoning.



### What it looks like:

Symptoms may be easy to miss. They may be confused with signs of other illnesses, like the flu. Warning signs of lead poisoning may include: stomach pains, constipation, frequent vomiting, poor appetite, sleep problems, irritability, tiredness or headache.

### Be proactive! Protect your family from lead poisoning!

- Did you know that lead poisoning is the # 1 preventable environmental disease in children?
- **At your child's next check-up, ask your pediatrician for a lead poisoning test. Early detection means a treatment plan can be developed before severe damage occurs.**
- Was your house painted before 1978? Talk to the local health department about testing your home for lead based paint, lead pipes and lead-contaminated dust and in older buildings
- Remodeling your home? Renovate right with lead-safe work practices.



To learn more about staying safe from Lead poisoning, contact the Shelby County Health Department, Childhood Lead Poisoning Prevention Program at (901) 222-9492.